

2021 WORKPLACE AND COMMUNITY PROGRAMS **TELEWORK WELLNESS** Webinar Series



JOIN US FOR A LIVE WEBINAR

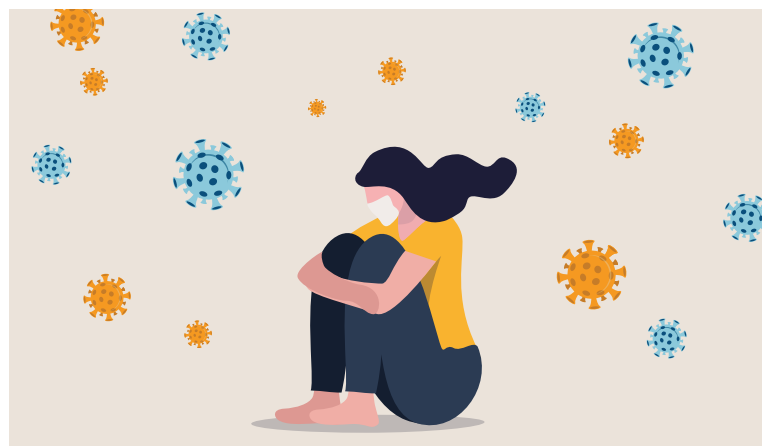
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FEBRUARY 24 • 12 PM TO 1 PM

Self-Care for Loneliness & Isolation

Many Americans are feeling lonely, anxious, and isolated while working from home. Join us as we discover ways to care for ourselves while working from home and being socially distant.



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