



LA COUNTY

Wellness Webinars

Brought to you by the Wellness Council of Arizona



2020 Series

The Sandwich Generation are those who care for their aging parents while supporting their own children. Many find themselves being “squeezed” in between caring for younger loved ones and elderly parents or family members. Attend this webinar to learn more on the subject and to learn helpful tips to help minimize the “squeezing”.

The Sandwich Generations: Balancing Kids & Parents' Needs

Register Here

Participant will receive a confirmation email with the attendee link and call in number upon registration.

Date: October 14, 2020

Time: 12:00pm – 12:45pm

Los Angeles County
DEPARTMENT OF

Human Resources

