



# LA COUNTY

## Wellness Webinars

Brought to you by the Wellness Council of Arizona



# 2020

## Series

Attend this workshop to learn the risk factors, signs & symptoms and prevention models of heart disease, cancer, mental health, arthritis and more along with information for male and female specific diseases.

### Aging With Grace: Men & Women's Health for All Ages

#### Register Here

Participant will receive a confirmation email with the attendee link and call in number upon registration.

**Date: May 13, 2020**

**Time: 12:00pm – 12:45pm**

Los Angeles County  
DEPARTMENT OF

**Human Resources**

