

A Message from the Department of Human Resources,  
Workplace and Community Programs Division:

## **UPDATED Health and Wellness Incentive Program Information**



### **2024 HEALTH & WELLNESS INCENTIVE** Earn Rewards on Your Journey to Better Health



Complete Your  
Wellness Incentive  
Reward Requirements  
and Earn \$100.\*

Take advantage of this valuable Countywide wellness incentive. The reimagined Health and Wellness Incentive program has been expanded to encourage employees to invest in their physical health and take steps to prevent or manage chronic conditions.

This year, to qualify for the \$100 Health and Wellness Incentive, participants must complete:

- Their biometric screenings
- Their carrier's online health risk assessment
- **NEW** – A wellness activity (as described in the *What's New for 2024*)

Instructions for completing the Health and Wellness Incentive requirements can be found in the attached [2024 Health and Wellness Incentive](#) brochure. Details for completing the NEW Wellness Activity can be found in the [What's New for 2024](#). You have until December 31, 2024, to complete the requirements and qualify for the \$100 Reward Card. (Reward cards are limited and only available while supplies last.)

Start earning rewards on your journey to better health today!

To learn more about the Health and Wellness Incentive, visit [DHR's website](#). To discover wellness discounts and programs offered by your medical carrier to support your overall well-being, take a peek at the [2024 Health and Wellness Incentive](#) brochure.

\*While supplies last. ONLY employees enrolled as direct subscribers in a County-sponsored medical plans are eligible for the reward card. In accordance with applicable tax law, reward cards you receive will be reported by the County as taxable wages on your W-2, and applicable payroll taxes will be withheld from your regular pay.