



Get virtual care from specialists anywhere

We are working to make it easier than ever for your employees to find a virtual specialist.

As challenges faced by traditional health care systems increase, 94% of large employers surveyed believe expanded virtual health offerings will continue in the future.¹

Virtual Specialists are a selection of virtual-only specialists that are in the network and contracted based on their ability to deliver:



Access to quality specialists virtually



Personalized care plans



A simpler experience through myuhc.com[®] or the UnitedHealthcare[®] app

continued



Health care at a tipping point

- The U.S. faces a doctor shortage of 124,000 by 2035²
- Patients wait an average of 30+ days to see a specialist³
- The U.S. economy loses \$89B a year in time traveling for care⁴

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Virtual specialists, screened for you



Embedded provider

- No buy-ups necessary
- Aligns with member primary care physician and specialist benefits



Quality and affordability

- Industry-standardized quality metrics
- Patient-reported outcomes



Access and experience

- Specialist care in days
- Personalized care models

Members now have access to these virtual specialist care areas:*

- Gastroenterology
- Migraine
- Musculoskeletal
- Sleep
- Speech therapy
- Urgent dental
- Women's health

Future specialties will be prioritized based on:

- Suitability for virtual care
- Alignment to benefits
- Affordability impact

Contact your Oxford representative for more information

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* Availability by specialty: Gastroenterology is available in: CA, FL, GA, MA, MN, NJ, NY, OH, PA, TX, UT. Migraine is available in all states except: DE, ID, KS, NM, WV and DC. Musculoskeletal is available in all states except: DE, NH, NM, ID, WV, and DC. Sleep is available nationwide. Speech therapy is available in all states except: AK, AL, AR, DE, IA, ID, IN, KS, KY, MN, MO, MS, MT, ND, NE, NH, NM, NV, OK, RI, SD, UT, VT, WV, WY and DC. Urgent Dental is available nationally for members with UnitedHealthcare Dental benefits. Women's health is available in: AZ, FL, MD, MN, MD, WA.

¹2023 Large Employers' Health Care Strategy and Plan Design Survey, Business Group on Health, Aug. 2022.

²AAMC Study "The Complexities of Physician Supply and Demand: Projections from 2019-2034" June 2021. Accessed September 2023.

³Patient Engagement HIT. "Average Patient Appointment Wait Time is 26 days in 2022". Accessed Dec. 16, 2022.

⁴Altarum Research Brief "Travel and Wait Times are Longest for Health Care Services and Result in an Annual Opportunity Cost of \$89 Billion" published Feb. 2022.

Virtual Specialists are services available with a provider or coach via video, chat, email, or audio-only where permitted under state law. It is not an insurance product or a health plan. Virtual Specialists are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Certain prescriptions may not be available, and other restrictions may apply.

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