



# Get virtual care from specialists anywhere

UnitedHealthcare is making it easier than ever for your employees to find a virtual specialist.

As challenges faced by traditional health care systems increase, 94% of large employers believe expanded virtual health offerings will continue in the future.<sup>1</sup>

**Virtual Specialists are a selection of virtual-only specialists that are in the network and contracted based on their ability to deliver:**



Access to quality specialists virtually



Personalized care plans



A simpler experience through [myuhc.com](https://myuhc.com)<sup>®</sup> or the UnitedHealthcare<sup>®</sup> app



## Health care at a tipping point

- The U.S. faces a doctor shortage of 124,000 by 2035<sup>2</sup>
- Patients wait an average of 30+ days to see a specialist<sup>3</sup>
- The U.S. economy loses \$89B a year in time traveling for care<sup>4</sup>

# Virtual specialists, screened for you



## Embedded provider

- No buy-ups necessary
- Aligns with member primary care physician and specialist benefits



## Quality and affordability

- Industry-standardized quality metrics
- Patient-reported outcomes



## Access and experience

- Specialist care in days
- Personalized care models

### Members now have access to these virtual specialist care areas:\*

- Gastroenterology
- Migraine
- Musculoskeletal
- Sleep
- Speech therapy
- Urgent dental
- Women's health

### Future specialties will be prioritized based on:

- Suitability for virtual care
- Alignment to benefits
- Affordability impact

## Contact your UnitedHealthcare representative for more information

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\* Availability by specialty: Gastroenterology is available in: CA, FL, GA, MA, MN, NJ, NY, OH, PA, TX, UT. Migraine is available in all states except: DE, ID, KS, NM, WV and DC. Musculoskeletal is available in all states except: DE, NH, NM, ID, WV, and DC. Sleep is available nationwide. Speech therapy is available in all states except: AK, AL, AR, DE, IA, ID, IN, KS, KY, MN, MO, MS, MT, ND, NE, NH, NM, NV, OK, RI, SD, UT, VT, WV, WY and DC. Urgent Dental is available nationally for members with UnitedHealthcare Dental benefits. Women's health is available in: AZ, FL, MD, MN, MD, WA.

<sup>1</sup> 2023 Large Employers' Health Care Strategy and Plan Design Survey, Business Group on Health, Aug. 2022.

<sup>2</sup> AAMC Study "The Complexities of Physician Supply and Demand: Projections from 2019-2034." Accessed September 2023.

<sup>3</sup> Patient Engagement HIT. "Average Patient Appointment Wait Time is 26 days in 2022". Accessed September 2023.

<sup>4</sup> Altarum Research Brief "Travel and Wait Times are Longest for Health Care Services and Result in an Annual Opportunity Cost of \$89 Billion" published Feb. 2022.

Virtual Specialists are services available with a provider or coach via video, chat, email, or audio-only where permitted under state law. It is not an insurance product or a health plan. Virtual Specialists are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Certain prescriptions may not be available, and other restrictions may apply.

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