

# Choose smart. Look for blue hearts.

Choosing a physician is one of the most important health decisions you'll make. The UnitedHealth Premium® program can help you find physicians who are right for you and your family.

## Connecting you to quality care

UnitedHealth Premium program evaluates physicians in various specialties to identify those who meet the quality care criteria, which includes safe, timely, effective and efficient care. It's easy to find a UnitedHealth Premium Care Physician. Go to [myuhc.com](https://myuhc.com)® or the UnitedHealthcare® app, click **Find a Provider** and look for the blue hearts next to the provider's name.

## Here to help make your health a priority

Studies show that people who actively engage in their health care decisions have fewer hospitalizations, fewer emergency visits, higher utilization of preventive care and overall lower medical costs.

As your health ally, we're committed to helping you make informed decisions when seeking out and choosing a provider.

## Look for the following icon and description



### Premium Care Physician

When you see the blue hearts, you can be sure that the physician meets the criteria for safe, timely, effective and efficient care.



# The UnitedHealth Premium program includes these specialties and subspecialties

## Allergy

- Allergy
- Allergy and Immunology

## Cardiology

- Cardiology
- Cardiac Diagnostic
- Cardiovascular Disease
- Clinical Cardiac Electrophysiology
- Interventional Cardiology

## Ear, Nose and Throat

- Head and Neck Surgery
- Laryngology
- Otolaryngology
- Otolaryngology
- Otolaryngology
- Pediatric Otolaryngology
- Rhinology

## Endocrinology

- Endocrinology, Diabetes and Metabolism

## Family Medicine

- Family Practice
- General Practice
- Preventive Medicine

## Gastroenterology

- Gastroenterology
- Hepatology—Liver Disease

## General Surgery

- Abdominal Surgery
- Colon and Rectal Surgery
- Proctology
- Surgery

## Internal Medicine

- Geriatric Medicine
- Internal Medicine
- Pediatric Internal Medicine

## Nephrology

- Nephrology

## Neurology

- Neurology
- Neurology and Psychiatry
- Neuromuscular Disease

## Neurosurgery, Orthopedics and Spine

- Back and Spine Surgery
- Hand Surgery
- Knee Surgery
- Neurological Surgery
- Orthopedic Surgery
- Shoulder Surgery
- Sports Medicine

## Obstetrics and gynecology

- Gynecology
- Obstetrics
- Obstetrics and Gynecology

## Pediatrics

- Adolescent Medicine
- Pediatrics
- Pediatric Adolescent

## Pulmonology

- Pulmonary Medicine

## Rheumatology

- Rheumatology

## Urology

- Urology

## Questions?

Call the phone number on your health plan ID card



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