

Get your flu shot the best way to help prevent the flu

Each of us can help protect all of us. Get a flu shot and show you care.



Take down the flu by getting your annual flu shot right away. Flu shots are:



Covered at \$0 out-of-pocket

They're safely given at over 50,000 locations¹—including network doctors, other health care professionals and the locations listed on the back.



More important this year

They're the best way to prevent the flu, according to the Centers for Disease Control and Prevention (CDC).²



Helping communities and health systems

They helped prevent an estimated 105,000 flu-related hospitalizations in 2019–2020.³

Choose where to get your flu shot

Most plans cover flu shots at 100% at the retail pharmacies and network convenience care clinics listed on the next page. Check your plan details or call the number on your health plan ID card to be sure you're covered at the clinic you choose.

United Healthcare _{Oxford}

Retail pharmacies: Pharmacists associated with these retail pharmacies can administer flu shots. No appointments are necessary.

Albertsons® Companies including Albertsons Osco, Albertsons Sav-on, Acme Sav-on, Jewel-Osco, Safeway, Shaws Osco and Star Markets Safeway® including Carrs, Pavilions, Randalls, Tom Thumb and Vons United Supermarkets® including Albertsons Market, Amigos and Market Street	ACME: acmemarkets.com/pharmacy/pharmacy-services/immunizations Albertsons: albertsons.com/pharmacy/pharmacy-services/immunizations Carrs: carrsqc.com/pharmacy/pharmacy-services/immunizations Haggen: haggen.com/pharmacy/vaccines-and-immunizations.html Jewel Osco: jewelosco.com/pharmacy/pharmacy-services/immunizations Pavilions: pavilions.com/pharmacy/pharmacy-services/immunizations Randalls: randalls.com/pharmacy/pharmacy-services/immunizations Safeway: safeway.com/pharmacy/pharmacy-services/immunizations Shaws: shaws.com/pharmacy/pharmacy-services/immunizations Star Market: starmarket.com/pharmacy/pharmacy-services/immunizations Tom Thumb: tomthumb.com/pharmacy/pharmacy-services/immunizations Vons: vons.com/pharmacy/pharmacy-services/immunizations
Costco Pharmacy	costco.com/pharmacy/adult-immunization-program.html
Harris Teeter®	harristeeter.com/pharmacy-services/#/app/cms
H-E-B®	heb.com/pharmacy/vaccinations
Hy-Vee®	hy-vee.com/health/pharmacy/flu-shots
The Kroger Co. including Baker's, City Market, Copps, Dillons, Fred Meyer, Fry's, Gerbes, Jay C, King Soopers, Kwik Shop, Mariano's, Metro Market, Owen's, Payless, Pick 'n Save, QFC, Ralph's Grocery, Roundy's and Smith's Food & Drug Center	kroger.com/d/flu
Meijer®	meijer.com/services/pharmacy/vaccines.html
Rite Aid®	riteaid.com/pharmacy/services/vaccine-central
Walgreens® including Duane Reade, Jim Meyers, Kerr Drug, May's Drug, Parkway Drug, Super D Drug, The Ryan Pharmacy and USA Drug	walgreens.com/flu
Walmart Inc. and Sam's Club®	walmart.com/cp/1228302
Network convenience care clinics: Convenience care clinics are typically located in retail stores and don't require appointments.	
The Little Clinic®	thelittleclinic.com
MinuteClinic®	minuteclinic.com/services/vaccination
RediClinic®	rediclinic.com/riteaid
Walmart Care Clinic®	walmart.com/careclinic

Find a nearby location

uhc.com/flushot



¹Certain preventive care items and services, including immunizations, are provided as specified by applicable law, including the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you. These services may be based on your age and other health factors. Other routine services may be covered under your plan, and some plans may require copayments, coinsurance or deductibles for these benefits. Always review your benefit plan documents to determine your specific coverage details.

²The Centers for Disease Control and Prevention, cdc.gov/flu/prevent/actions-prevent-flu.htm. Accessed Sept. 5, 2023.

³The Centers for Disease Control and Prevention, cdc.gov/flu/prevent/flushot.htm. Accessed Sept. 5, 2023.

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