

# Help your employees stay healthy this flu season

## Flu shots can help keep employees protected and productive

Each year, a staggering 70 million work days are lost due to the flu. That equals roughly \$10.4 billion in direct costs for hospitalizations and outpatient visits for adults.<sup>1</sup> A flu shot is the best defense against the flu—and getting one can help protect the people around you.

The Centers for Disease Control and Prevention (CDC) generally recommends annual flu shots for everyone 6 months and older.<sup>2</sup> Encourage your employees to help protect themselves and others by getting a flu shot.

## Convenient provider access can make getting flu shots easier

We contract with a variety of national pharmacy chains and retail convenience care clinics to offer our Oxford members<sup>3</sup> easier access to flu shots.

Members should bring their health plan ID card and tell their provider the flu shot is covered under their benefits. Annual flu shots are covered by most plans at \$0 out-of-pocket when members use one of the following network providers.<sup>4</sup>

The provider will submit individual claims to Oxford for covered member vaccines received at the on-site clinic.



**Consider hosting an on-site flu shot clinic or worksite wellness event**



**On-site flu shot providers**



**Network doctors or other health care professionals**



**Network flu shot providers, including select retail pharmacies and convenience care clinics**

Worksite flu clinic options	How to schedule a clinic	Minimum number of participants required*	Lead time required
<b>Worksite Wellness Adult Flu Clinic</b>	Contact your Oxford representative, who will arrange a planning call with an Optum Health wellness project manager. Then, you'll receive information to finalize logistics with the flu clinic administrator.	30	60 days
<b>Costco pharmacy</b>	Contact Julie Phan, Costco Pharmacy, at <a href="mailto:juliephan@costco.com">juliephan@costco.com</a> ; CC: <a href="mailto:rxcontracting@costco.com">rxcontracting@costco.com</a> .	100	30 days
<b>Albertsons, New Albertsons, Safeway, United Supermarkets pharmacy</b>	Contact Albertsons Safeway Pharmacies Patient Care Services at <b>1-877-728-6655</b> or <a href="mailto:flushots@albertsons.com">flushots@albertsons.com</a> . Or, contact Albertsons Safeway Pharmacies Managed Care Contracting at <b>1-630-948-6484</b> or <a href="mailto:pharmcontracting@albertsons.com">pharmcontracting@albertsons.com</a> .	25	3 weeks
<b>H-E-B</b>	Contact H-E-B Pharmacy Wellness Services at <b>1-210-938-7694</b> or <a href="mailto:wellnessservices@heb.com">wellnessservices@heb.com</a>	30	3 weeks
<b>The Kroger Co. and Harris Teeter</b>	Call <b>1-877-904-2415</b> or email <a href="mailto:KHB2B@KrogerHealth.com">KHB2B@KrogerHealth.com</a>	50	4–6 weeks
<b>Rite Aid pharmacy</b>	On-site workplace clinic scheduled by visiting <a href="https://riteaid.com/pharmacy/services/vaccine-central/workplace-flu-shot-program/shield-your-workforce">riteaid.com/pharmacy/services/vaccine-central/workplace-flu-shot-program/shield-your-workforce</a> . If you have specific questions, you can also contact Lori Fraicola at <a href="mailto:lori.fraicola@riteaid.com">lori.fraicola@riteaid.com</a> .	50	3 weeks
<b>Walgreens pharmacy</b>	Contact your local Walgreens retail pharmacy location or complete an online form at <a href="https://wagsoutreach.com/contact-us">wagsoutreach.com/contact-us</a>	50	4 weeks

Check with vendor to confirm any additional setup fees.



\* May be able to accommodate smaller clinic sizes.

<sup>1</sup>WebMD. Colds and Flu at Work. [webmd.com/cold-and-flu/fact-sheet-flu-work](https://www.webmd.com/cold-and-flu/fact-sheet-flu-work). May 2023. Accessed Sep. 8, 2023.

<sup>2</sup>Centers for Disease Control. Key Facts About Seasonal Flu Vaccine. [cdc.gov/flu/prevent/keyfacts.htm](https://www.cdc.gov/flu/prevent/keyfacts.htm). Aug. 2023. Accessed Sept. 8, 2023.

<sup>3</sup>Including plan participants of a self-funded plan administered by Oxford.

<sup>4</sup>Certain preventive care items and services, including immunizations, are provided as specified by applicable law, including the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you. These services may be based on your age and other health factors. Other routine services may be covered under your plan, and some plans may require copayments, coinsurance or deductibles for these benefits. Always review your benefit plan documents to determine your specific coverage details.

Please note that there may be some instances where a particular location of one of these providers is not participating with a member's health plan. Members should review their benefit plan to determine coverage and confirm network participation of specific locations on [myuhc.com](https://myuhc.com)<sup>®</sup>. Some health plans offer members access to a national network of retail pharmacies and retail convenience care clinics to provide them with access to the flu vaccination. The list is not inclusive of all providers offering the flu vaccination under the pharmacy or medical benefit. For a list of all pharmacies included under the pharmacy or medical benefit, members can log on to [myuhc.com](https://myuhc.com) and search the Pharmacy Locator tool.

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