

### Managing your health with a primary care provider (PCP) is easier when you have more ways to access care.

## Get to know a PCP, virtually

A primary care provider is the doctor who knows you best, the one you turn to for everything from routine checkups to help with chronic or complex health conditions. Now, through **myuhc.com**<sup>®</sup> or the UnitedHealthcare<sup>®</sup> app, you can choose to connect remotely with a virtual PCP—and their team of health care professionals.\* Make an appointment 24/7 to start your virtual primary care relationship today.\*\*

#### You can see the same virtual PCP for:

- Preventive care
- Follow-up visits

• Checkups for ongoing conditions like asthma, diabetes and more

Create a connection with a virtual PCP without having to leave home or work

#### Benefits of virtual primary care include:

- A provider you can see on an ongoing basis
- A Care Team who'll guide you, when needed, to in-person care such as labs, imaging, specialists and more
- A Care Team who'll work with you and follow up to ensure you're taken care of

Find your virtual primary care provider by signing in to **myuhc.com** or the UnitedHealthcare app today.

# Learn more Find more about virtual primary care by going to uhc.com/virtualcare

\*Data rates may apply.

\*\* Virtual primary care is applied to primary care benefits —it is not applied to 24/7 Virtual Visits benefit. United Healthcare Oxford



Please note that services may be available in person or via telehealth from your primary care provider, treating specialist, or from another contracting health professional, clinic, or health facility. In addition, if your health plan includes out-of-network benefits, these services may be available either via telehealth or on an in-person basis at the out-of-network cost-share, which is generally higher than the in-network cost share, however, the balance billing protections that generally apply if you seek coverage from an in-network provider will typically not apply. Please check your health plan for specific coverage details.

Virtual Primary Care are services available with a provider via video, chat, email, or audio-only where permitted under state law. Virtual Primary Care services are only available if the provider is licensed in the state that the member is located at the time of the appointment. Virtual Primary Care is not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Certain prescriptions may not be available, and other restrictions may apply.

Due to physician licensing restrictions, virtual primary care is only available within the member's state of residence. If the member's location is outside of their state of residence, virtual visits for primary care will be provided as a 24/7 Virtual Visit provided by Optum Virtual Care.

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