



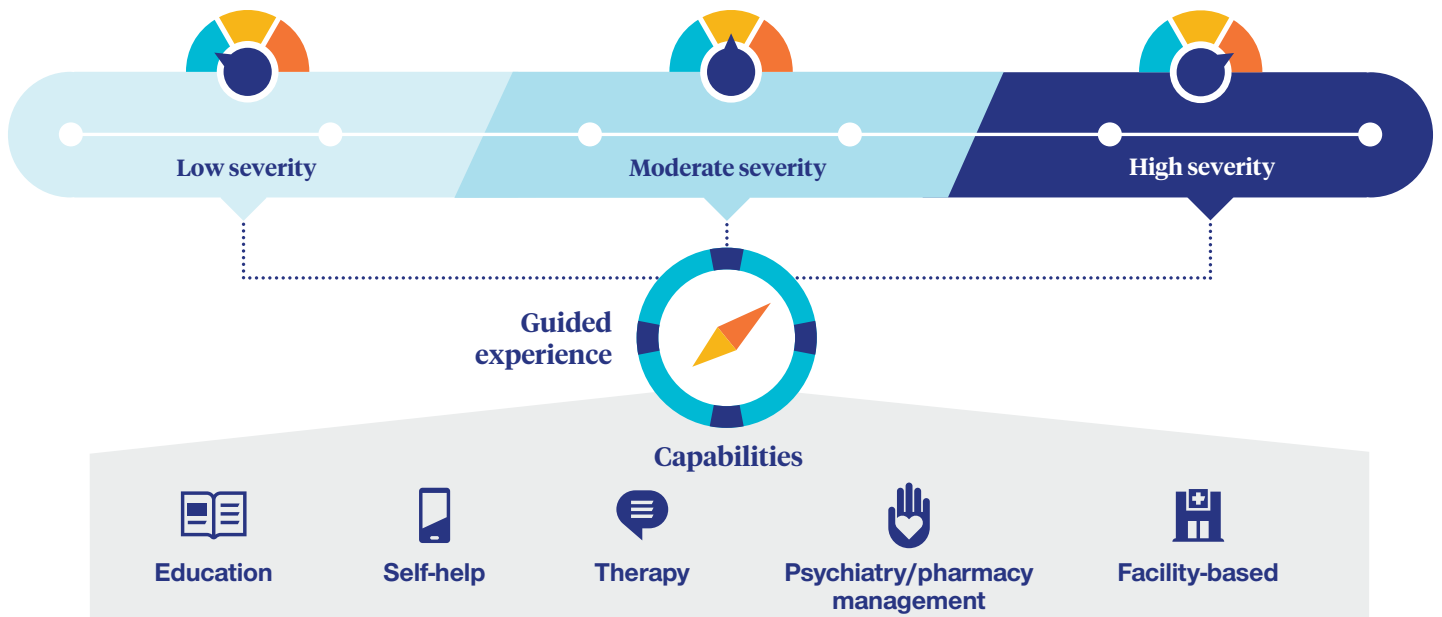
Helping guide employees to mental health care

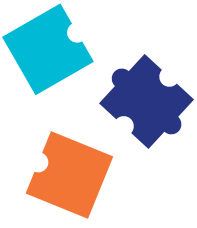


Taking care of ones' mental health has come front and center. More and more, we're recognizing the need for simpler access to support. Anxiety, burnout and uncertainty may affect employees and their productivity, especially among those already struggling with mental illness or substance use.

Comprehensive support across the behavioral health continuum

Behavioral Health integrates behavioral, medical and pharmacy data to deliver a whole-person approach to your employees and their covered family members in need of behavioral health care. Whether a person is experiencing a low, moderate or high level of severity, there are options available through education, self-help, therapy, psychiatry/prescription management and/or facility-based care.





A need for access to care

90%

of consumers said the U.S. needs more accessible mental health services¹

4 in 10

U.S. adults reported feeling anxious or depressed during the pandemic²

85%

said that mental health issues were disrupting their daily life³



Creating an industry shift

99%

of members live within 20 miles of an Express Access provider⁴

20%

lower visit count per outpatient episode⁵

\$2,587

average savings per inpatient episode⁶

Helping guide employees to care

We help employees get the care they need, how and when they may need it by:

- Creating awareness and engagement
- Leveraging next-best-action technology
- Providing different ways to access support, including digital/web, apps and advocacy support

Streamlining access to care

The goals of behavioral health services are to help bring greater precision, speed and ease to how people obtain mental health services with:

- Previously reported TMH providers: 73,000
 - (National) TMH providers: 132,560
 - (NY, NJ, CT) TMH providers: 18,793
- Previously reported BH providers: 269,000
 - (National) 11/30/22: 311,337
 - (NY, NJ, CT) 11/30/22: 33,673
- Access to 33,600+ providers⁷ and 18,700+ virtual providers⁸
- Real-time appointment scheduling
- Express Access providers who typically offer appointments within 5 days (24 hours for urgent needs)

Learn more

Contact your Oxford representative

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¹ Kantar 2018 U.S. Monitor.

² Kaiser Family Foundation. The implications of COVID-19 for mental health and substance use. [kff.org/coronavirus-covid-19/issue-brief/the-implications-of-covid-19-for-mental-health-and-substance-use/](https://www.kff.org/coronavirus-covid-19/issue-brief/the-implications-of-covid-19-for-mental-health-and-substance-use/). Feb. 10, 2021.

³ Oracle Workplace Intelligence. AI@Work Study. oracle.com/a/ocom/docs/oracle-hcm-ai-at-work.pdf. Accessed February 2021.

⁴ Behavioral Health Source of Truth (Q1 2021 data); Karimzadeh, April 2021.

⁵ Members referred to a network ACE Platinum clinician; reduction rate reflects the difference in mean visits per outpatient episode between Platinum and Non-Platinum clinicians (2020 data); Mao, April 2021.

⁶ Members referred to a network Platinum Facility; savings reflect the difference in mean paid per admission between Platinum Facilities and Non-Platinum Facilities (2020 data); Mao, April 2021.

⁷ Behavioral Health Source of Truth; SURE Network Summary Dashboard, Q3 2021; Karimzadeh, Sept. 28, 2021.

⁸ SURE Dashboard, DuBois, updated Sept. 28, 2021.

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