

The Oxford Freedom Network

The Oxford¹ Freedom Network has been our premier provider* network for access in New Jersey for the past 40 years. Plans offered with this network generally have richer benefits. Highlights of these plans include fitness incentives that offer rewards for reaching fitness goals, discounts to thousands of gyms without long-term contracts, and other ways to help lower out-of-pocket costs like \$0 cost-share for certain medications.

Access to doctors and hospitals nearby or nationwide

Local access – Oxford Freedom Network is our largest network option, providing access to more than 169,000 providers across New Jersey, New York and Connecticut:²

- New Jersey providers: 47,485
- New York providers: 91,958
- Connecticut providers: 30,163

Pharmacy – Broad network with more than 67,000 retail pharmacies nationwide, including major chains, mass merchants and supermarkets:

- Examples of network pharmacies include CVS[®], Duane Reade[™], Walgreens[®] and Walmart[®]

National access – Members enrolled in Oxford Freedom Network plans have additional access to our national UnitedHealthcare Choice Plus network² when traveling outside of the Oxford service area:³

- Physicians and health care professionals: 1,706,393
- Hospitals: 5,504

Oxford Freedom Network numbers by New Jersey county²

County	Providers	Hospitals
Atlantic	1,800	3
Bergen	6,786	6
Burlington	4,305	4
Camden	4,494	5
Cape May	592	1
Cumberland	698	1
Essex	5,984	7
Gloucester	2,215	2
Hudson	5,274	5
Hunterdon	577	1
Mercer	7,048	3
Middlesex	5,702	6
Monmouth	5,551	5
Morris	3,807	4
Ocean	4,049	4
Passaic	2,788	3
Salem	297	2
Somerset	2,695	1
Sussex	578	1
Union	2,951	3
Warren	793	2

continued

Finding a provider

- 1 Go to myuhc.com[®]
- 2 Click **Find a Provider > Medical Directory > Employer & Individual Plans or Behavioral Health Directory > Oxford Health Plans > Freedom with Choice Plus**
- 3 Enter additional criteria and click **Search**

Finding a pharmacy

- 1 Go to myuhc.com
- 2 Click **Find a Pharmacy**
- 3 Enter search criteria (e.g., pharmacy name or ZIP code) and click **Search**



Many savings opportunities

Freedom Network plans offer benefits your employees have come to expect with an Oxford plan, along with other useful options to help them lower their out-of-pocket costs.

- **\$0** cost-share for insulin and emergency use drugs, such as albuterol, epinephrine, glucagon and naloxone
- **\$0** copay for 24/7 Virtual Visits⁴
- **Up to \$1,000** per year for reaching daily program goals and completing one-time activities through UnitedHealthcare Rewards
- **Up to \$200** per year in reimbursement for qualifying fitness expenses through Sweat Equity[®]
- **Discounts** to thousands of gyms with no long-term contracts or annual gym registration fees through One Pass Select[™]

Plans available with the Oxford Freedom Network

EPO	PPO	PPO HSA
<ul style="list-style-type: none"> • When seeking care in the Oxford service area, members enrolled in these EPO plans may seek care only within the Oxford Freedom Network • Members may access the national UnitedHealthcare Choice Plus network when traveling outside the Oxford service area • Employers can choose plans with or without a primary care physician (PCP) referral requirement for specialist visits 	<ul style="list-style-type: none"> • PPO plans offered with the Freedom Network provide members with network and out-of-network coverage • Members may access the national UnitedHealthcare Choice Plus network when traveling outside the Oxford service area • Employers can choose plans with or without a PCP referral requirement for specialist visits 	<ul style="list-style-type: none"> • Our PPO HSA plans work in the same way as our PPO plans but are paired with an HSA that employees may use for eligible medical and pharmacy expenses

Questions?

Contact your broker to request an Oxford Freedom Network quote today



* Please note that Mayo Clinic medical providers are nonparticipating for Oxford members.

¹ Oxford insurance products are underwritten by Oxford Health Insurance, Inc.

² Network Data and Analytics Reporting from E&I Counts Dashboard, July 2025. Provider count includes Physicians (Degree = MD, DO) Advanced Practice Providers (Degree = APRN, NP, PA) and Allied Health Providers (Degree = NOT MD, DO). Only one specialty is counted per provider. Provider may be counted more than once if they practice in multiple states or counties. National network may not be available for all groups.

³ Oxford service area includes Connecticut, New Jersey and certain New York counties (Bronx, Dutchess, Kings, Nassau, New York, Orange, Putnam, Queens, Richmond, Rockland, Suffolk, Sullivan, Ulster and Westchester).

⁴ The Designated Virtual Visit Provider's reduced rate for a 24/7 Virtual Visit is subject to change and may apply after the deductible according to plan design. \$0 24/7 Virtual Visit copays apply to all Oxford fully insured non-HSA plans.

Employee benefits including group health plan benefits may be taxable benefits unless they fit into specific exception categories. Please consult with your tax specialist to determine taxability of these offerings.

24/7 Virtual Visits is a service available with a Designated Virtual Network Provider via video, or audio-only where permitted under state law. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. 24/7 Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available.

The Oxford Health Savings Account (HSA) is a qualifying high-deductible health plan (HDHP) that is designed to comply with IRS requirements so eligible enrollees may open a health savings account with a bank of their choice or through Optum Bank, Member FDIC. "Oxford HSA" refers generally to the Oxford HSA product, which includes a HDHP, although at times "Oxford HSA" may refer only and specifically to the Oxford Health Savings Account provided in conjunction with Optum Bank and not to the associated HDHP.

UnitedHealthcare Rewards is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. You should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for you. Receiving an activity tracker, certain credits and/or rewards and/or purchasing an activity tracker with earnings may have tax implications. You should consult with an appropriate tax professional to determine if you have any tax obligations under this program, as applicable. If any fraudulent activity is detected (e.g., misrepresented physical activity), you may be suspended and/or terminated from the program. If you are unable to meet a standard related to health factor to receive a reward under this program, you might qualify for an opportunity to receive the reward by different means. You may call us toll-free at 1-866-230-2505 or at the number on your health plan ID card, and we will work with you (and, if necessary, your doctor) to find another way for you to earn the same reward. Rewards may be limited due to incentive limits under applicable law. Components subject to change. This program is not available for fully insured members in Hawaii, Vermont and Puerto Rico nor available to level funded members in District of Columbia, Hawaii, Vermont and Puerto Rico.

Sweat Equity is a voluntary program. Reimbursement is generally limited to the lesser of \$200 per subscriber and \$100 per covered spouse/domestic partner and covered dependent aged 13 and older or the actual amount of the qualifying fitness costs per 6-month period. Rewards may be taxable. Consult with an appropriate tax professional to determine if you have any tax obligations from receiving reimbursement under this program.

One Pass Select is a voluntary program that features a subscription-based nationwide gym network, digital fitness and grocery delivery service. For self-funded participants, there are no state restrictions. For fully insured participants, program availability varies by state: (i) the program is NOT available to members of accounts situated in HI, KS, VT and Puerto Rico; (ii) the grocery delivery service component of the program is not available in TX and is pending regulatory approval in CA and VA for select groups and lines of business - discuss with your UnitedHealthcare representative for details. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for them. Purchasing discounted gym and fitness studio memberships, digital fitness or grocery services may have tax implications. Employers and individuals should consult an appropriate tax professional to determine if they have any tax obligations with respect to the purchase of these discounted memberships or services under this program, as applicable. One Pass Select is a program offered by One Pass Solutions, Inc. Subscription costs are payable to One Pass Solutions, Inc.