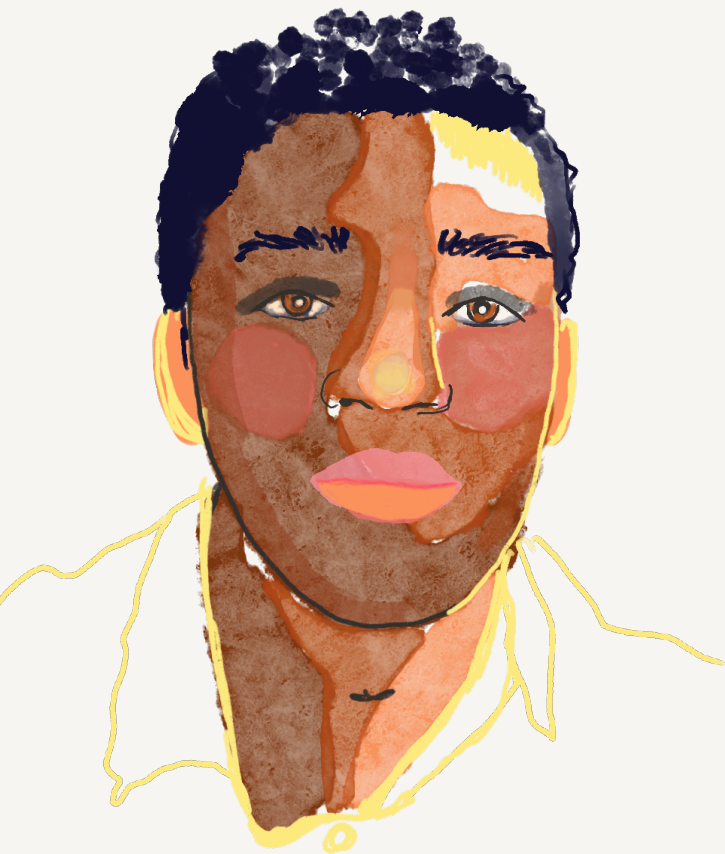




# Personalized treatment for teens, young adults, and their families.

Charlie Health's virtual Intensive Outpatient Program (IOP) is designed for teenagers and young adults who need more than once-weekly therapy. Our program consists of customized peer groups, individual therapy, and family therapy. We accept nearly all commercial health plans (including Optum/United, Aetna, Cigna, BCBS, and local plans), Medicaid (in states where IOP is covered), and self-pay.



Personalized peer groups

Video-based, accessible sessions

Flexible after-school/work scheduling

Skills-based & creative arts therapy

Trauma-informed curriculum

Free support groups

Reach out to learn more:

(866)-491-5196

[www.charliehealth.com](http://www.charliehealth.com)

