



In New Mexico and ready to help meet your health care needs



With UnitedHealthcare, you can expect quality group health plans and services, plus convenient digital tools – all delivered by a team of local experts.

**United
Healthcare®**
UnitedHealthcare
Insurance Company



Care by the numbers

301,598

total members¹

138,162 Employer & Individual¹

54,297 Community & State¹

109,139 Medicare & Retirement¹

45

hospitals¹

5,566 nationwide²

1,776,640

nationwide medical physicians
and health care professionals²

496,496 nationwide behavioral
health providers³

275,460 nationwide virtual behavioral
health providers³

17,208

New Mexico medical physicians
and health care professionals¹

7,445 behavioral health providers⁴

2,995 virtual behavioral health
providers⁴

1,377

full-time New Mexico employees⁵

What UnitedHealthcare brings to New Mexico



Quality health plans

Each of our plans has built-in programs that integrate quality care with technology, tools and resources and may include:

- PCP-guided decisions about care
- Standard copay designs that offer greater flexibility and access to care
- Specialty plans that may help you save on your medical premium



Convenient digital tools

- **Employer uhceservices.com** helps you manage enrollment, eligibility and billing in real time
- **myuhc.com**[®] gives your employees easy access to their plan – they can find and price network care, view claims and more
- **The UnitedHealthcare[®] app**, the mobile version of **myuhc.com**, is designed to help employees find network providers, cost estimates and more from their smart device
- **24/7 Virtual Visits** connects employees to a provider by phone or video* through **myuhc.com** or the UnitedHealthcare app



Nation's single largest proprietary network⁵

With UnitedHealthcare, your employees have greater access to doctors and hospitals in New Mexico – and throughout the country.



Innovative tools and solutions

- **One Pass Select^{®**}** is designed to help employees meet their fitness goals by offering a subscription-based fitness and well-being program that supports a healthier lifestyle, offering access to thousands of gyms, online classes and grocery delivery services, and lets employees save an average of 20% on retail gym memberships⁷
- **UnitedHealthcare Rewards^{**}** provides employees and their spouses a chance to earn rewards for reaching program goals and completing one-time activities. Participants can personalize their experience by selecting activities that are right for them – and choosing ways to spend earnings. Participants may immediately start earning rewards by activating UHC Rewards from the UnitedHealthcare app or **myuhc.com**.
- **Real Appeal^{®**}** is a personalized program designed to support employees on their weight management journey and stay motivated for long-term transformation
- **Calm Health^{**}** provides employees with 24/7 access to digital content for sleep, stress and mindfulness, enhanced with evidence-based modules created by psychologists

*Data rates may apply.

**Value-added products and services are not insurance benefits and may be discontinued at any time.



#1

UnitedHealth Group was named the top-ranking company in the Health Care: Insurance and Managed Care sector on Fortune's 2025 "World's Most Admired Companies" list for the 15th year in a row.⁷

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¹ State Snapshot, January 2026.

² UnitedHealthcare internal analysis, Q4 2025.

³ SURE Network Summary Dashboard, Commercial E&I and Commercial non-E&I Q3 2025 (January 15, 2026 data); Robin Marsh January 2026.

⁴ State Snapshot, January 2026.

⁵ UnitedHealth Network Access internal analysis, October, 2024.

⁶ OnePass Select Internal Analytics/Book of Business, 2024.

⁷ Jan. 29, 2025. FORTUNE is a registered trademark of Time, Inc. FORTUNE and Time, Inc. are not affiliated with, and do not endorse products or services of UnitedHealth Group.

The UnitedHealthcare[®] app is available for download for iPhone[®] or Android[®]. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

One Pass Select is a voluntary program that features a nationwide gym network, digital fitness and grocery delivery service. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for them.

UnitedHealthcare Rewards is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. If any fraudulent activity is detected (e.g., misrepresented physical activity), you may be suspended and/or terminated from the program. If you are unable to meet a standard related to health factor to receive a reward under this program, you might qualify for an opportunity to receive the reward by different means. You may call us toll-free at 1-855-256-8669 or at the number on your health plan ID card, and we will work with you (and, if necessary, your doctor) to find another way for you to earn the same reward. Rewards may be limited due to incentive limits under applicable law. Components subject to change.

Calm Health is not intended to diagnose or treat depression, anxiety, or any other disease or condition. If participants feel their condition is severe and needs attention, they are instructed to contact their treating provider or mental health therapist for help.

Real Appeal is a voluntary weight management program that is offered to eligible members at no additional cost as part of their benefit plan. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. Results, if any, may vary.

All UnitedHealthcare members can access a cost estimate online or on the mobile app. None of the cost estimates are intended to be a guarantee of your costs or benefits. Your actual costs may vary. When accessing a cost estimate, please refer to the Website or Mobile application terms of use under Find Care & Costs section.

Minimum participation requirements may apply for bundling programs. Benefits and programs may not be available in all states or for all group sizes. Components subject to change.

Health plan products include exclusions, limitations, reduction of benefits, and terms under which the plan may be continued in force or discontinued. For costs and complete details of coverage, contact a UnitedHealthcare representative.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates. Health Plan coverage provided by or through UnitedHealthcare of New Mexico, Inc.