

Enroll in Ochsner Digital Medicine



Take control of high blood pressure and/or Type 2 diabetes.

As a UnitedHealthcare Select Tiered plan member 18+ years or older, we are happy to offer this program to you as a covered benefit.*

Program Benefits

Effective Control

Participants Who Achieved Their Blood Pressure Goal After Six Months

79%
HYPERTENSION
DIGITAL MEDICINE

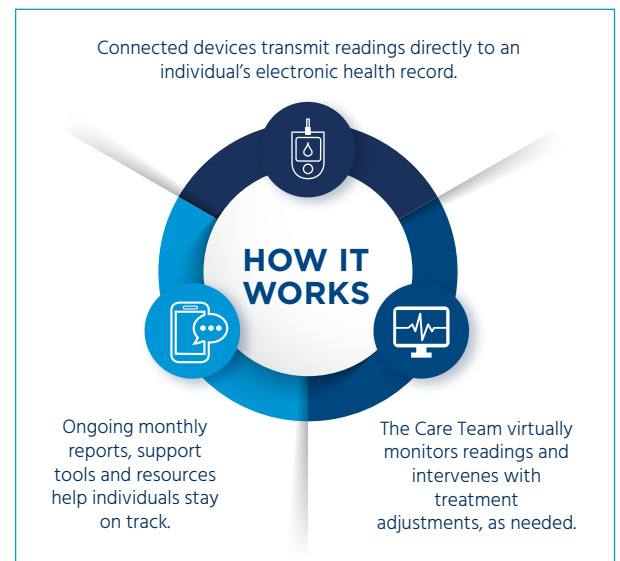
Participants Who Achieved Their A1c Goal After Six Months

81%
DIABETES
DIGITAL MEDICINE

Ochsner Digital Medicine gives eligible plan members everything they need to manage their high blood pressure and/or Type 2 diabetes from home.**

- + A dedicated clinician who monitors blood pressure or blood sugar readings and can adjust medications or treatment over the phone, as needed
- + A personal health coach who calls the patient and helps them take manageable steps towards a healthier lifestyle
- + A blood pressure cuff and/or glucometer that is provided at no additional cost. This device connects to the patient's smartphone and automatically sends readings to their clinician and health coach

** Eligibility is based on clinical criteria including an existing diagnosis of high blood pressure or Type 2 diabetes



“ For anyone who has doubts about joining the program, I would say step out and take the journey. ”
- **Lance D., Diabetes Program**

Get started today

Schedule a no-cost virtual visit at

ochsner.org/digitalmedicine or **855-781-8737**

* Subject to applicable patient responsibility amounts.