



**Get back
to what
you love.**

We help participants manage high blood pressure and/or Type 2 diabetes from home



If you have high blood pressure or Type 2 diabetes, let us help you take control.

Ochsner Digital Medicine is a new way to conveniently manage high blood pressure and/or Type 2 diabetes from home.

As a UnitedHealthcare Select Tiered plan member 18+ years or older, we are happy to offer this program to you as a covered benefit.*

With Digital Medicine you can:



Take readings from home with a digital blood pressure cuff or glucometer that connects to your smartphone at no additional cost to you.



Get treatment from a licensed clinician who monitors your readings and adjusts medications as needed.



Create healthy habits with advice and support from your health coach.

Participation is voluntary and assumes that the member meets clinical criteria.

Visit ochsner.org/digitalmedicine to schedule a no-cost virtual visit.

For more information, visit ochsner.org/unitedselecttier
or call **855-781-8737**.

*Subject to applicable patient responsibility amounts.



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